Free Christmas in July health fair hosted by MDC Medical Campus

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July 22,
2015

Miami-Dade College Medical Campus is hosting a Christmas in July Health Fair on Friday, July 24, from 10 a.m. to 1 p.m. at the Miami Rescue Mission in an effort to provide free health screenings for the public. The event is **free.**

Faculty and students from the Medical Campus will be administering a variety of tests, including blood pressure, glucose and cholesterol, while various companies will provide health information and information on community services.

Early arrivals can receive free showers and haircuts at 8 a.m. prior to the Health Fair opening and there will also be a clothing giveaway. At 11:15 there's a barbecue style Christmas banquet lunch and kids can enjoy activities including a bounce house as well as snow cones and popcorn throughout the day. The Regeneration Singers will entertain the crowds.

The Miami Rescue Mission is at 2020 NW 1 Ave., Miami, FL. Call 305-572-2026 for more info.